

cfuw Milton and District is a diverse group of women, representing a wide range of experiences, ages, and interests. What unites us is our common goal. We believe that by encouraging greater connection and understanding between all women and girls, and by promoting education and advocacy, we can work together to make our communities stronger. We invite you to join us and share your voice and viewpoint.

Why join?

To:

- **Be involved** with your community
- **Network** with other interesting women
- **Expand** your interests
- **Hear** speakers on a variety of issues relevant to you, your family and your community
- **Be part** of a national group that fosters education and lifelong learning
- **Explore** our wide variety of special interest groups
- **Make good friends. Have good times.**

Where else can you do all of this in one organization?

For more information, visit:

www.cfuwilton.ca



cfuw is one of Canada's leading non-partisan women's organizations, with over 100 clubs across Canada. Membership is open to any woman who supports the goals of **cfuw** and is not limited only to college and university graduates.

As one of the most respected and important national women's groups in Canada, we have advocated for many issues locally, nationally and internationally. We give out a million dollars each year in local and national scholarships and fellowships.

cfuw is a non-government organization (NGO) with consultative status with the United Nations Committee on the Status of Women (ECOSOC).

cfuw is a member of Graduate Women International (GWI), an affiliation of 79 national associations and federations around the world.

cfuw values and seeks a diverse membership.

THE POWER OF WOMEN
WORKING TOGETHER



THE POWER OF WOMEN WORKING TOGETHER
cfuw

Canadian Federation of University Women

Milton and District

Who are we?

cfuw is a national non-profit, non-partisan organization committed to the:

- Improvement of the status of women and girls
- Promotion of education
- Pursuit of knowledge
- Active participation in public affairs in the spirit of cooperation and friendship.

Who can join?

- Membership is open to any woman who supports the goals of **cfuw**.

MESSAGE FROM OUR PRESIDENT

Welcome to cfuw Milton & District.

2019 is a very important year both for **cfuw** nationally and for our local club. It marks 100 years since **cfuw** was founded and its work to improve the status of women and girls and promote human rights, public education, social justice and peace began. We plan to celebrate well, including offering a new scholarship, the Gray-Dryden Scholarship. **cfuw Milton and District** is a very active club that embraces the opportunity to make a difference. Last year, we presented a film forum on gender equity and marched on International Women's Day to raise awareness of women's issues. We also held a provincial election forum. Our annual used book sale raises funds for scholarships for local young women. In partnership with a local charity, we helped to fight homelessness in our community through the Coldest Night Walk.

Our monthly meetings have enjoyable speakers who cover diverse, engaging topics, and our Special Interest Groups offer many choices for fun activities beyond the meetings themselves. Come and join us! You will receive a warm welcome.

Wendy Schau
President
cfuw Milton & District
(905) 878-3216

To learn more about our Club, visit us at

www.cfuwmilton.ca

Or email us at cfuwmilton@hotmail.com

You can also find us on Facebook



MEMBERSHIP + ADVOCACY + EDUCATION + SUSTAINABILITY

PROGRAM 2018 - 2019

Hugh Foster Hall, 141 King. St., Milton
Doors open ~ 7:15 pm ; Speaker ~ 7:30 pm

THURSDAY, SEPTEMBER 13 , 2018
Welcome back ~ new members welcome

THURSDAY, OCTOBER 4 , 2018
Ontario Black History
Dennis Scott, Halton Black History Awareness Society

THURSDAY, NOVEMBER 1 , 2018
Ashanti Sails South
Carol Englert, local author and sailor

THURSDAY, DECEMBER 6, 2018
Holiday celebration & live auction
*location TBA

THURSDAY, JANUARY 10, 2019
Adventures in Antarctica
Jean Lillie, local traveler

THURSDAY, FEBRUARY 7, 2019
Heart Health for Women
Emily Barrie, Area Co-ordinator, Heart & Stroke Halton

THURSDAY, MARCH 7, 2019
Resolutions: Considering National Policy

THURSDAY, APRIL 4 2019
Expressing Societal Barriers Through Art
Nancy Cuttle, sculptor

THURSDAY, MAY 2, 2019
Gut Microbiota in Health and Disease
(featuring autism)
Emma Allen-Vercoe, Professor, University of Guelph

THURSDAY, JUNE 6, 2019
AGM and Closing Dinner
*location TBA

SPECIAL INTEREST GROUPS

Advocacy and Education - Local Issues

Along for the Ride - Travellers' Tales

Avid Readers - Book Exchange

Day Trippers

Hiking

Ladies and Couples Bridge

Lunch Bunch - Monthly, Local Venues

Memoir Writing

Tuesday Night Movies - Galaxy Cinema

Wine Tasting

Other interest groups may develop over the course of the year as proposed by members. Bring your enthusiasm and imagination!

Membership: \$100
Student Membership: \$60



We gratefully acknowledge the artist, Monica Stewart, for permission to use her artwork, "Unity".

Strengthening each of us strengthens us all