

**cfuw Milton and District** is a diverse group of women, representing a wide range of experiences, ages, and interests. What unites us is our common goal. We believe that by encouraging greater connection and understanding between all women and girls, and by promoting education and advocacy, we can work together to make our communities stronger. We invite you to join us and share your voice and viewpoint.

### Why join?

To:

- **Be involved** with your community
- **Network** with other interesting women
- **Expand** your interests
- **Hear** speakers on a variety of issues relevant to you, your family and your community
- **Be part** of a national group that fosters education and lifelong learning
- **Explore** our wide variety of special interest groups
- **Make good friends. Have good times.**

Where else can you do all of this in one organization?

For more information, visit: [www.cfuwmilton.ca](http://www.cfuwmilton.ca)

You can also find us on **LinkedIn**

Instagram  and Facebook 



**cfuw** is one of Canada's leading non-partisan women's organizations, with over 100 clubs across Canada. Membership is open to any woman who supports the goals of **cfuw** and is not limited only to college and university graduates.

As one of the most respected and important national women's groups in Canada, we have advocated for many issues locally, nationally and internationally. We give out a million dollars each year in local and national scholarships and fellowships.

**cfuw** is a non-government organization (NGO) with consultative status with the United Nations Committee on the Status of Women (ECOSOC).

**cfuw** is a member of Graduate Women International (GWI), an affiliation of 79 national associations and federations around the world.

**cfuw** values and seeks a diverse membership.

THE POWER OF WOMEN  
WORKING TOGETHER



THE POWER OF WOMEN WORKING TOGETHER  
**cfuw**

## Canadian Federation of University Women

## Milton and District

### Who are we?

**cfuw** is a national non-profit, non-partisan organization committed to the:

- Improvement of the status of women and girls
- Promotion of education
- Pursuit of knowledge
- Active participation in public affairs in the spirit of cooperation and friendship.

### Who can join?

- Membership is open to any woman who supports the goals of **cfuw**.

## MESSAGE FROM OUR PRESIDENT

### Welcome to CFUW Milton & District.

2019-2020 continues to be a very important year for CFUW Milton & District when we see some special projects come to their end and others begin. This year will see the culmination of our year-long planning for the event *100 Years/100 Women*, a collaborative vision with the Fine Arts Society of Milton, in celebration of local women, their contributions and achievements.

CFUW Milton & District is a very active group of women who strive to advance the status and education of women and girls, as well as, promote human rights, social justice and peace through various local events. Last year, we partnered with a local charity to raise funds to fight homelessness in our community through the Coldest Night of the Year walk. This coming year will see the club and its members participating in an Election Forum for the upcoming federal election, and raising awareness of women's issues through the International Women's Day March on March 8<sup>th</sup>. Our annual used book sale raises funds for scholarships for local girls and women who are continuing their education at post secondary institutions.

Our monthly meetings have enjoyable speakers who present diverse, informative and engaging topics. Our Special Interest Groups offer a wide range of activities to suit your interests and time availability.

Join us! Discover what CFUW Milton & District has to offer for you.

I look forward to welcoming you.



**Barbara Shein**  
President  
CFUW Milton & District  
(905) 702-4135

To learn more about our Club, visit us at [www.cfuwmilton.ca](http://www.cfuwmilton.ca)

Or email us at [cfuwmilton@hotmail.com](mailto:cfuwmilton@hotmail.com)

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**Facebook**



and **Instagram**



MEMBERSHIP + ADVOCACY + EDUCATION + SUSTAINABILITY

### PROGRAM 2019 - 2020

**Hugh Foster Hall**, 141 King. St., Milton  
Doors open ~ 7:15 pm ; Speaker ~ 7:30 pm

**THURSDAY, SEPTEMBER 12 , 2019 - 7:00 pm**  
Welcome back ~ new members welcome

**THURSDAY, OCTOBER 10 , 2019**  
**The Art and Stories of Jockie Loomer-Kruger**  
Jockie Loomer-Kruger, local artist and author

**THURSDAY, NOVEMBER 7 , 2019**  
**The Trajectory that Brought Me to Where I am Today**  
Christine Chi Dang, Human Rights Activist and Lawyer

**THURSDAY, DECEMBER 5, 2019**  
Holiday celebration & live auction  
\*location TBA

**THURSDAY, JANUARY 9, 2020**  
**Climbing Mt. Kilimanjaro in Support of WaterAid**  
David Wentzel, local traveler

**THURSDAY, FEBRUARY 6, 2020**  
**The Townsend Smith Hospice for Milton**  
Kate Holmes, Director of Development

**THURSDAY, MARCH 5, 2020**  
**Resolutions: Considering National Policy**

**THURSDAY, APRIL 2 2020**  
**Women's Issues for Local Refugees**  
Nour Al-Nassar, Crisis Support worker in Halton Region

**THURSDAY, MAY 7, 2020**  
**Mindful Meditation**  
Cate Mistruzzi, Intn'l Mindfulness Teachers Assoc.

**THURSDAY, JUNE 4, 2020**  
**AGM and Closing Dinner**  
\*location TBA

### SPECIAL INTEREST GROUPS

Avid Readers - Book Exchange

Couples Gourmet

Day Trippers

Globetrotters

Hiking

Ladies and Couples Bridge

Lunch Bunch - Monthly, Local Venues

Monday Walkers

Words with Friends

Supper Club

Wine Tasters

Thrifters

Other interest groups may develop over the course of the year as proposed by members. Bring your enthusiasm and imagination!

Membership: \$100  
Student Membership: \$60



We gratefully acknowledge the artist, Monica Stewart, for permission to use her artwork, "Unity".

**Strengthening each of us strengthens us all**